

## SEDATION

Your options in making your dental visit more comfortable.

It is common for many patients to feel nervous or anxious about their dental procedures. Our office has advanced training in ways to help with your anxiety. By having a relaxed patient, we may be able to complete more of your dentistry in one appointment. The decision of which type of sedation/anesthesia is the best for you will be determined in consultation with your doctor.

### TYPES OF SEDATION:

- **Oral Sedation**- A relaxing pill is given 30-45 min before your appointment. You will feel relaxed and sleepy. The medication wears off in a few hours.
- **IV Conscious Sedation** (“Twilight Sleep”) - An intravenous (IV) line is placed in your arm or hand and a customized combination of safe sedative medications are given through your veins. Several monitors will be used to watch your heartbeat, blood pressure, pulse, and breathing throughout the procedure. You will be very sleepy and less aware of what is going on around you. You may not remember very much of the procedure and you must have someone drive you home. IV conscious sedation has a remarkable safety record and Dr. Poteet is highly trained in this area.

It is important to advise Dr. Poteet of all medications you are taking, including herbs, and any medical problems or changes in your health since your last visit.

Ask us about which sedation option will be best for you. We are dedicated to making your dental visit a comfortable experience.